



5-Day Bible Reading Plan and Devotional Guide

Based on Revelation 7 and the Themes of Sealing, Salvation, Trust, and Rest

Day 1: Sealed and Secure

Read: Ephesians 1:13-14

You did not stumble into God's family by accident. The moment you placed your faith in Jesus Christ, the Holy Spirit came and sealed you. That seal is not fragile. It does not expire. It does not depend on your performance, your consistency, or your credentials. God marked you as His own, and nothing can undo that. In a world that is increasingly unstable, where headlines are alarming and uncertainty is constant, this truth is an anchor. You are known. You are claimed. You are sealed. Rest in that reality today, not as an excuse for complacency, but as a foundation for confident, faithful living.

Reflection: Have you been living as though your security in God depends on your effort? What would change today if you fully believed you were sealed by the Holy Spirit?

Practical Application: Write down one area of your life where anxiety has taken root. Pray over it specifically, reminding yourself that the same God who sealed you is the same God who holds that situation.

Day 2: Salvation Belongs to God Alone

Read: Romans 4:3-5

Abraham did not earn his right standing before God through religious effort or moral achievement. He believed, and that belief was credited to him as righteousness. The same principle applies to every person who has ever been saved. Salvation is not a reward for good behavior. It is a gift received through trust. This is both humbling and liberating. Humbling because it strips away any pride we carry about our spiritual resume. Liberating because it means the door to God is not locked behind a standard you cannot reach. Faith, genuine trust placed in Jesus Christ, is the key. Nothing more, nothing less.

Reflection: Are you tempted to measure your standing before God by what you do rather than by what Christ has done? Where does that tendency show up most in your daily life?

Practical Application: Spend five minutes in quiet gratitude today. Do not ask God for anything. Simply thank Him that your salvation rests entirely on the finished work of Jesus and not on your own effort.



Day 3: The Call to Truly Believe

Read: John 1:12; James 2:19

There is a significant difference between knowing about Jesus and actually trusting Him. Many people carry a general belief that God exists, that Jesus died, and that the Bible is true. But as James makes clear, even the demons hold that level of belief, and it does nothing to save them. True saving faith moves beyond intellectual agreement into personal reliance. It is the difference between knowing a chair can hold your weight and actually sitting down in it. At some point, you have to sit down. You have to transfer the full weight of your life, your sin, your future, onto Jesus and Jesus alone.

Reflection: Have you ever truly sat down in Christ, or have you been standing nearby, acknowledging Him without fully trusting Him? What has kept you from fully resting your weight on Him?

Practical Application: Have an honest conversation with God today. Tell Him exactly where you are in your faith. If you have never fully trusted Christ, today is the day to do so. If you have, identify one area where you are still trying to carry your own weight rather than trusting Him.

Day 4: Abiding When Life Gets Loud

Read: Matthew 11:28-30; Psalm 46:10

Busyness is one of the most effective tools the enemy uses against believers. It does not always look like sin. Sometimes it looks like a full calendar, a productive schedule, and children involved in every available activity. But when the pace of life crowds out the presence of God, something essential is lost. Jesus extended a direct invitation to the weary: come to me. Not come to a program, not come to a strategy, but come to Him. The rest He offers is not laziness. It is the deep, settled peace that comes from abiding, remaining, and dwelling close to the One who holds all things together.

Reflection: Where has busyness replaced abiding in your life? What are you carrying right now that Jesus is inviting you to lay down?

Practical Application: Identify one commitment this week that is draining you without bearing spiritual fruit. Pray and ask God honestly whether it belongs in your life right now. Create at least fifteen minutes of uninterrupted quiet time today to simply be still before Him.



Day 5: Every Tear Wiped Away

Read: Romans 8:18; Revelation 7:16-17

Paul was no stranger to suffering. He endured beatings, imprisonment, shipwrecks, and betrayal. Yet he wrote with full conviction that the sufferings of the present time are not worth comparing to the coming glory. Revelation 7 gives us a glimpse of that glory. Those who endured the worst this world can offer are now standing before the throne, fully sheltered, no longer hungry or thirsty, no longer exposed to the scorching heat of hardship. The Lamb who is at the center of the throne shepherds them to springs of living water. And God Himself wipes away every tear. Whatever you are walking through today, it is not the end of the story.

Reflection: What present suffering or grief is making it difficult to hold onto hope right now? How does the promise of God wiping away every tear change the way you face it?

Practical Application: Write down the name of one person in your life who is suffering. Reach out to them today with a specific word of encouragement rooted in the hope of Christ. Remind them, and yourself, that the Shepherd is still leading, and the waters of life are ahead.